



To Charlie Brown Preschool & Child Care

We are so glad you chose us to care for your baby! The staff at Charlie Brown take caring for your infant very seriously...here are a few things you may need to know.

*Things to have at the center: (please write your child's name on everything)

- | | |
|---------------------|-----------------------|
| -Diapers | -Bottles |
| -Wipes | -Extra Clothes |
| -Formula/breastmilk | -Pacifier (if needed) |

*A daily information sheet will be filled out on your baby to let you know how his/her day went as far as feeding, diaper changes, medications, napping, etc. Parents are to fill out the top portion of the information sheet daily so staff know exactly what your baby's needs are that day.

*Your baby's diaper is checked, at minimum, every 2 hours and changed as often as needed in between. Diapers will be labeled with your baby's name. Please check your diaper supply regularly.

*All foods are supplied by Charlie Brown including; cereal, purees (blended fresh daily), table food, whole milk, etc. Your baby will always be held during bottle feeding.

*We can begin to offer your baby cereal and purees at 6 months of age following the CACFP guidelines. A form will have to be completed before beginning eating foods.

*A Doctor's note is required if your infant has special instructions for his/her diet (i.e. allergies, cereal in bottles, whole milk before one year old, special milks, etc.)

*It is very important to us to keep your baby safe therefore, no blankets other than sleep sacks will be used to cover or wrap your baby. Your baby will have an assigned crib and always sleep on their back.

*All toys, saucers, seats, etc. are sanitized daily with bleach/water solution. Crib sheets are changed daily and mattresses are also sanitized.

*When the weather allows, we will take your baby outside for some fresh air. Indoor activities are also provided such as singing, stories and tummy time.

If you have any questions or concerns, please don't hesitate to ask! Our staff strives to make Charlie Brown Babyland a safe, secure, and happy place for your infant.

We look forward to caring for your infant!



TIPS FOR PREPARING YOUR INFANT FOR CHILD CARE

- *Get your infant on a schedule as best as you can!* Our ratio is 1 caregiver to 4 infants. It can be difficult if your child is used to “graze eating” (takes a couple of ounces here or there). Eating every 3-4 hours works best!
- If your baby is breastfed, *it is very important to get them used to drinking from a bottle!* You are more than welcome to come visit/feed your child anytime!
- The infant rooms can be noisy at times. *Don't have your infant nap in a quiet, dark room.* Keep them where there is some noise and light to get them used to sleeping through those things.
- *Have your child nap in a crib, on their backs.* It is against licensing for us to have our babies sleep in swings, bouncy seats, on bobby pillows, or in other containers.
- *Do tummy time with your infant twice a day!* They will do this at daycare too!
- We know you love holding your baby! We love holding babies too! Remember, our ratio is 1:4. *It is helpful if your baby is used to playing on the floor or in a bouncy seat so it's not hard on them when staff have to care for other infants.*

We want to make your child's transition into daycare as smooth as possible! We hope these tips are helpful!

